



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>August 1</b>	<b>August 2</b>	<b>August 3</b>	<b>August 4</b>
	<b>Lunch</b> Baked Ziti Garlic bread, chopped spinach	<b>Lunch</b> Hot Roast Beef Sandwich Broccoli spears	<b>Lunch</b> Sauteed Mahimahi Fried rice, sliced carrots	<b>Lunch</b> Chicken Piccata Wild rice pilaf, cut corn
	<b>Dinner</b> Misoyaki Chicken White rice, sliced carrots Chocolate Tapioca	<b>Dinner</b> Chicken Nuggets White rice, cut corn Choc Peanut Butter Brownies	<b>Dinner</b> Turkey Tetrazzini Mixed vegetables Cherry Crisp	<b>Dinner</b> Beef Tomato White rice, broccoli Oreo Cookie Cheesecake
<b>August 7</b>	<b>August 8</b>	<b>August 9</b>	<b>August 10</b>	<b>August 11</b>
<b>Lunch</b> Chicken Enchilada Spanish rice, peas & carrots	<b>Lunch</b> Chinese-Style Fresh Fish White rice, mixed vegetables	<b>Lunch</b> Shoyu Chicken White rice, crinkle cut carrots	<b>Lunch</b> Chili and Hot Dog White rice, corn	<b>Lunch</b> Chicken Meatballs, marinara, angel hair pasta, garden peas
<b>Dinner</b> Hungarian Goulash, egg noodles, crinkle-cut carrots Lemon Bar	<b>Dinner</b> Chicken Curry White rice, garden peas Red Velvet Cake	<b>Dinner</b> Pork Nishime White rice, green beans Lemon Meringue Pie	<b>Dinner</b> Chicken Jambalaya Chopped spinach Custard Pie	<b>Dinner</b> Fish Almondine Rice, mixed vegetables Dreamsicle Cake
<b>August 14</b>	<b>August 15</b>	<b>August 16</b>	<b>August 17</b>	<b>August 18</b>
<b>Lunch</b> Meatloaf and gravy Mashed potatoes, cut corn	<b>Lunch</b> Orange Chicken White rice, crinkle-cut carrots	<b>Lunch</b> Sloppy Joes French green beans	<b>Lunch</b> Chicken Bruschetta White rice, Key West Blend	<b>Lunch</b> Seafood Jambalaya Peas & carrots
<b>Dinner</b> Clam Linguini Red Sauce, Italian Blend Key Lime Square	<b>Dinner</b> Hamburger Steak White rice, garden peas Strawberry Romanoff	<b>Dinner</b> Stuffed Cabbage White rice, corn Tiramisu Cake	<b>Dinner</b> Meat Lasagna Baby lima beans Butter mochi	<b>Dinner</b> Huli Huli-Style Chicken White rice, mixed vegetables Mocha cheesecake
<b>August 21</b>	<b>August 22</b>	<b>August 23</b>	<b>August 24</b>	<b>August 25</b>
<b>Lunch</b> Hamburger Curry White rice, broccoli spears	<b>Lunch</b> Chicken Long Rice White rice, cut green beans	<b>Lunch</b> Teriyaki Hamburger Sandwich Cut corn	<b>Lunch</b> Hot Turkey Sandwich Sicilian Blend	<b>Lunch</b> BBQ Chicken White rice, peas and carrots
<b>Dinner</b> Beef Asado White rice, cut corn Chocolate Haupia Pie	<b>Dinner</b> Sweet Sour Fish White rice, mixed vegetables Apple Crisp	<b>Dinner</b> Beef Stroganoff Egg noodles, garden peas Coconut Cake	<b>Dinner</b> Pork Tofu White rice, chopped spinach Macadamia Nut Brownie	<b>Dinner</b> Beef Burgundy White rice, cauliflower Cherry Torte Bar

Monday	Tuesday	Wednesday	Thursday	Friday
August 28	August 29	August 30	August 31	
<b>Lunch</b> Chicken Katsu White rice, sliced carrots	<b>Lunch</b> BBQ Pork Sandwich Mixed vegetables	<b>Lunch</b> Chinese-Style Fresh Fish White rice, vegetable medley	<b>Lunch</b> Chicken Curry White rice, Asian Blend	
<b>Dinner</b> Beef Stew White rice, Country Trio Pina Colada Cake	<b>Dinner</b> Beef Nishime White rice, chopped spinach Rocky Road Cake	<b>Dinner</b> Chicken Lasagna Garden peas Chocolate Raspberry Truffle Cake	<b>Dinner</b> Roast Pork White rice, Riviera Blend Blueberry Crisp	

Monday	Tuesday	Wednesday	Thursday	Friday
	August 1	August 2	August 3	August 4
	<b>Lunch</b> SF Baked Ziti Chopped spinach	<b>Lunch</b> SF Roast Beef Sandwich Broccoli spears	<b>Lunch</b> SF Sauteed Fish Brown rice, sliced carrots	<b>Lunch</b> SF Chicken Piccata Brown rice, cut corn
	<b>Dinner</b> SF Broiled Chicken White rice, sliced carrots Chocolate Tapioca	<b>Dinner</b> SF Broiled Chicken White rice, cut corn Choc Peanut Butter Brownies	<b>Dinner</b> SF Turkey Tetrazzini Mixed vegetables Cherry Crisp	<b>Dinner</b> SF Stir-Fry Beef with Tomato White rice, broccoli Oreo Cookie Cheesecake
August 7	August 8	August 9	August 10	August 11
<b>Lunch</b> SF Grilled Chicken Brown rice, peas & carrots	<b>Lunch</b> SF Sauteed Fish White rice, mixed vegetables	<b>Lunch</b> SF Ginger Chicken White rice, crinkle cut carrots	<b>Lunch</b> SF Chili White rice, corn	<b>Lunch</b> SF Grilled Chicken Brown rice, garden peas
<b>Dinner</b> SF Hungarian Goulash, egg noodles, crinkle-cut carrots Lemon Bar	<b>Dinner</b> SF Chicken Curry White rice, garden peas Red Velvet Cake	<b>Dinner</b> SF Pork Nishime White rice, green beans Lemon Meringue Pie	<b>Dinner</b> SF Sauteed Chicken White rice, spinach Custard Pie	<b>Dinner</b> SF Sauteed Fish Rice, mixed vegetables Dreamsicle Cake
August 14	August 15	August 16	August 17	August 18
<b>Lunch</b> SF Meatloaf and gravy Mashed potatoes, cut corn	<b>Lunch</b> SF Grilled Chicken White rice, crinkle-cut carrots	<b>Lunch</b> SF Sloppy Joes French green beans	<b>Lunch</b> SF Broiled Chicken White rice, Key West Blend	<b>Lunch</b> SF Sauteed Fish Brown rice, peas & carrots
<b>Dinner</b> SF Sauteed Chicken Breast Brown rice. Italian Blend Key Lime Square	<b>Dinner</b> SF Hamburger Patty White rice, garden peas Strawberries Romanoff	<b>Dinner</b> SF Sauteed Chicken White rice, corn Tiramisu Cake	<b>Dinner</b> SF Hamburger Patty Brown rice, lima beans Butter mochi	<b>Dinner</b> SF Chicken White rice, mixed vegetables Mocha cheesecake
August 21	August 22	August 23	August 24	August 25
<b>Lunch</b> SF Hamburger Patty White rice, broccoli spears	<b>Lunch</b> SF Chicken Long Rice White rice, cut green beans	<b>Lunch</b> SF Hamburger Patty Brown rice, cut corn	<b>Lunch</b> SF Hot Turkey Sandwich Sicilian Blend	<b>Lunch</b> SF Broiled Chicken White rice, peas and carrots
<b>Dinner</b> SF Braised Beef White rice, cut corn Chocolate Haupia Pie	<b>Dinner</b> SF Sauteed Fish White rice, mixed vegetables Apple Crisp	<b>Dinner</b> SF Beef Stroganoff Egg noodles, garden peas Coconut Cake	<b>Dinner</b> SF Pork Tofu White rice, chopped spinach Macadamia Nut Brownie	<b>Dinner</b> SF Beef Burgundy White rice, cauliflower Cherry Torte Bar

August 28	August 29	August 30	August 31	
<b>Lunch</b> SF Grilled Chicken White rice, sliced carrots	<b>Lunch</b> SF Kalua Pork Sandwich Mixed vegetables	<b>Lunch</b> SF Fish White rice, vegetable medley	<b>Lunch</b> SF Chicken Curry White rice, Asian Blend	
<b>Dinner</b> SF Beef Stew White rice, Country Trio Pina Colada Cake	<b>Dinner</b> SF Beef Nishime White rice, chopped spinach Rocky Road Cake	<b>Dinner</b> SF Turkey Sandwich Garden peas Chocolate Raspberry Truffle Cake	<b>Dinner</b> SF Roast Pork White rice, Riviera Blend Blueberry Crisp	