



# February 2018 Menu




Monday	Tuesday	Wednesday	Thursday	Friday
			February 1	February 2
			<b>Lunch</b> Chili and Hot Dog White rice, corn	<b>Lunch</b> Chicken Meatballs, marinara, angel hair pasta, garden peas
			<b>Dinner</b> Chicken Jambalaya Chopped spinach Custard Pie	<b>Dinner</b> Fish Almondine Rice, mixed vegetables Dreamsicle Cake
February 5	February 6	February 7	February 8	February 9
<b>Lunch</b> Meatloaf and gravy Mashed potatoes, cut corn	<b>Lunch</b> Orange Chicken White rice, crinkle-cut carrots	<b>Lunch</b> Sloppy Joes French green beans	<b>Lunch</b> Chicken Bruschetta White rice, Key West Blend	<b>Lunch</b> Seafood Jambalaya Peas & carrots
<b>Dinner</b> Clam Linguini and red sauce Italian Blend Key Lime Square	<b>Dinner</b> Hamburger Steak White rice, garden peas Strawberry Romanoff	<b>Dinner</b> Barbecue Ribs White rice, corn Tiramisu Cake	<b>Dinner</b> Meat Lasagna Baby lima beans Butter mochi	<b>Dinner</b> Huli Huli Style Chicken White rice, mixed vegetables Mocha cheesecake
February 12	February 13	February 14	February 15	February 16
<b>Lunch</b> Hamburger Curry White rice, broccoli spears	<b>Lunch</b> Chicken Long Rice White rice, cut green beans	<b>Lunch</b> Teriyaki Hamburger Sandwich Cut corn	<b>Lunch</b> Hot Turkey Sandwich Sicilian blend	<b>Lunch</b> Barbecue Chicken White rice, peas and carrots
<b>Dinner</b> Beef Asado White rice, cut corn Chocolate Haupia Pie	<b>Dinner</b> Oxtail Stew White rice, mixed vegetables Apple Crisp	<b>Dinner</b> Beef Stroganoff Egg noodles, garden peas Coconut Cake	<b>Dinner</b> Pork Tofu White rice, chopped spinach Mac Nut Brownie	<b>Dinner</b> Beef Burgundy White rice, cauliflower Cherry Torte Bar
February 19	February 20	February 21	February 22	February 23
 <i>No meal service</i>	<b>Lunch</b> Barbecue Pork Sandwich Mixed vegetables	<b>Lunch</b> Chinese-Style Fresh Fish White rice, vegetable medley	<b>Lunch</b> Chicken Curry White rice, Asian Blend	<b>Lunch</b> Hamburger Steak White rice, broccoli
	<b>Dinner</b> Beef Nishime White rice, chopped spinach Rocky Road Cake	<b>Dinner</b> Chicken Lasagna Garden peas Chocolate Raspberry Truffle Cake	<b>Dinner</b> Roast Pork White rice, Riviera Blend Blueberry Crisp	<b>Dinner</b> Beef Broccoli White rice, mixed vegetables Almond Float

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>February 26</b>	<b>February 27</b>	<b>February 28</b>		
<b>Lunch</b> Kalua Pork & Cabbage White rice, Capri Blend	<b>Lunch</b> Baked Ziti Garlic bread, chopped spinach	<b>Lunch</b> Hot Roast Beef Sandwich Broccoli spears		
<b>Dinner</b> Beef Curry White rice, cut corn Pecan Pie	<b>Dinner</b> Misoyaki Chicken White rice, sliced carrots Chocolate Tapioca	<b>Dinner</b> Chicken Nuggets White rice, cut corn Choc Peanut Butter Brownies		

Please call or email any meal orders to Dori no later than Monday, January 29.

983-5900 or [dori.kim@arcadia-hi.org](mailto:dori.kim@arcadia-hi.org)

# February 2018 Low Sodium Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>February 1</b> <b>Lunch</b> SF Chili White rice, corn <hr/> <b>Dinner</b> SF Sauteed Chicken White rice, spinach Custard Pie	<b>February 2</b> <b>Lunch</b> SF Grilled Chicken Brown rice, garden peas <hr/> <b>Dinner</b> SF Sauteed Fish Rice, mixed vegetables Dreamsicle Cake
February 5	February 6	February 7	February 8	February 9
<b>Lunch</b> SF Meatloaf and SF gravy Mashed potatoes, cut corn <hr/> <b>Dinner</b> SF Sauteed Chicken Breast Brown rice, Italian Blend Key Lime Square	<b>Lunch</b> SF Grilled Chicken White rice, crinkle-cut carrots <hr/> <b>Dinner</b> SF Hamburger Patty White rice, garden peas Strawberry Romanoff	<b>Lunch</b> SF Sloppy Joes French green beans <hr/> <b>Dinner</b> SF Ribs White rice, corn Tiramisu Cake	<b>Lunch</b> SF Broiled Chicken White rice, Key West Blend <hr/> <b>Dinner</b> SF Hamburger Patty Brown rice, lima beans Butter mochi	<b>Lunch</b> SF Sauteed Fish Brown rice, peas & carrots <hr/> <b>Dinner</b> SF Baked Chicken White rice, mixed vegetables Mocha Cheesecake
February 12	February 13	February 14	February 15	February 16
<b>Lunch</b> SF Hamburger Patty White rice, broccoli spears <hr/> <b>Dinner</b> SF Braised Beef White rice, cut corn Chocolate Haupia Pie	<b>Lunch</b> SF Chicken Long Rice White rice, cut green beans <hr/> <b>Dinner</b> SF Oxtail Stew White rice, mixed vegetables Apple Crisp	<b>Lunch</b> SF Hamburger Patty Brown rice, cut corn <hr/> <b>Dinner</b> SF Beef Stroganoff Egg noodles, garden peas Coconut Cake	 <b>Lunch</b> SF Hot Turkey Sandwich Sicilian Blend <hr/> <b>Dinner</b> SF Pork Tofu White rice, chopped spinach Macadamia Nut Brownie	<b>Lunch</b> SF Broiled Chicken White rice, peas and carrots <hr/> <b>Dinner</b> SF Beef Burgundy White rice, cauliflower Cherry Torte Bar
February 19	February 20	February 21	February 22	February 23
 <b>No meal service</b>	<b>Lunch</b> SF Kalua Pork Sandwich Mixed vegetables <hr/> <b>Dinner</b> SF Beef Nishime White rice, chopped spinach Rocky Road Cake	<b>Lunch</b> SF Fish White rice, vegetable medley <hr/> <b>Dinner</b> SF Turkey Sandwich Garden peas Chocolate Raspberry Truffle Cake	<b>Lunch</b> SF Chicken Curry White rice, Asian Blend <hr/> <b>Dinner</b> SF Roast Pork White rice, Riviera Blend Blueberry Crisp	<b>Lunch</b> SF Hamburger Patty White rice, broccoli <hr/> <b>Dinner</b> SF Beef Broccoli White rice, mixed vegetables Almond Float

Monday	Tuesday	Wednesday	Thursday	Friday
February 26	February 27	February 28		
<b>Lunch</b> SF Kalua Pork and Cabbage White rice, Capri Blend	<b>Lunch</b> SF Baked Ziti Chopped spinach	<b>Lunch</b> SF Roast Beef Sandwich Broccoli spears		
<b>Dinner</b> SF Beef Curry White rice, cut corn Pecan Pie	<b>Dinner</b> SF Broiled Chicken White rice, sliced carrots Chocolate Tapioca	<b>Dinner</b> SF Fried Chicken White rice, cut corn Choc Peanut Butter Brownies		