



# April 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>April 2</b>	<b>April 3</b>	<b>April 4</b>	<b>April 5</b>	<b>April 6</b>
<b>Lunch</b> Kalua Pork & Cabbage White rice, Capri Blend <b>Dinner</b> Beef Curry White rice, cut corn Pecan Pie	<b>Lunch</b> Baked Ziti Garlic bread, chopped spinach <b>Dinner</b> Misoyaki Chicken White rice, sliced carrots Chocolate Tapioca	<b>Lunch</b> Hot Roast Beef Sandwich Broccoli spears <b>Dinner</b> Chicken Nuggets White rice, cut corn Choc Peanut Butter Brownies	<b>Lunch</b> Sauteed Fish Fried rice, sliced carrots <b>Dinner</b> Turkey Tetrazzini Mixed vegetables Cherry Crisp	<b>Lunch</b> Chicken Piccata Wild rice pilaf, cut corn <b>Dinner</b> Chicken Ala King White rice, broccoli Oreo Cookie Cheesecake
<b>April 9</b>	<b>April 10</b>	<b>April 11</b>	<b>April 12</b>	<b>April 13</b>
<b>Lunch</b> Chicken Enchilada Spanish rice, peas & carrots <b>Dinner</b> Hungarian Goulash, egg noodles, crinkle-cut carrots Lemon Bar	<b>Lunch</b> Chinese Style Fresh Fish White rice, mixed vegetables <b>Dinner</b> Chicken Curry White rice, garden peas Red Velvet Cake	<b>Lunch</b> Shoyu Chicken White rice, crinkle cut carrots <b>Dinner</b> Pork Nishime White rice, green beans Lemon Meringue Pie	<b>Lunch</b> Chili and Hot Dog White rice, corn <b>Dinner</b> Chicken Jambalaya Chopped spinach Custard Pie	<b>Lunch</b> Chicken Meatballs, marinara, angel hair pasta, garden peas <b>Dinner</b> Fish Almondine Rice, mixed vegetables Dreamsicle Cake
<b>April 16</b>	<b>April 17</b>	<b>April 18</b>	<b>April 19</b>	<b>April 20</b>
<b>Lunch</b> Meatloaf and gravy Mashed potatoes, cut corn <b>Dinner</b> Clam Linguini & red sauce Italian Blend Key Lime Square	<b>Lunch</b> Orange Chicken White rice, crinkle-cut carrots <b>Dinner</b> Hamburger Steak White rice, garden peas Strawberry Romanoff	<b>Lunch</b> Sloppy Joes French green beans <b>Dinner</b> Barbecue Ribs White rice, corn Tiramisu Cake	<b>Lunch</b> Chicken Bruschetta White rice, Key West Blend <b>Dinner</b> Meat Lasagna Baby lima beans Butter mochi	<b>Lunch</b> Seafood Jambalaya Peas & carrots <b>Dinner</b> Huli Huli Style Chicken White rice, mixed vegetables Mocha cheesecake
<b>April 23</b>	<b>April 24</b>	<b>April 25</b>	<b>April 26</b>	<b>April 27</b>
<b>Lunch</b> Hamburger Curry White rice, broccoli spears <b>Dinner</b> Beef Asado White rice, cut corn Chocolate Haupia Pie	<b>Lunch</b> Chicken Long Rice White rice, cut green beans <b>Dinner</b> Oxtail Stew White rice, mixed vegetables Apple Crisp	<b>Lunch</b> Teriyaki Hamburger Sandwich Cut corn <b>Dinner</b> Beef Stroganoff Egg noodles, garden peas Coconut Cake	<b>Lunch</b> Hot Turkey Sandwich Sicilian Blend <b>Dinner</b> Pork Tofu White rice, chopped spinach Macadamia Nut Brownie	<b>Lunch</b> Barbecue Chicken White rice, peas and carrots <b>Dinner</b> Beef Burgundy White rice, cauliflower Cherry Torte Bar

<b>Monday</b>	
<b>April 30</b>	
<b>Lunch</b> Chicken Katsu White rice, sliced carrots	
<b>Dinner</b> Beef Stew White rice, Country Trio Pina Colada Cake	





# April 2018 Low-Sodium Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>April 2</b>	<b>April 3</b>	<b>April 4</b>	<b>April 5</b>	<b>April 6</b>
<b>Lunch</b> SF Kalua Pork and Cabbage White rice, Capri Blend <b>Dinner</b> SF Beef Curry White rice, cut corn Pecan Pie	<b>Lunch</b> SF Baked Ziti Chopped spinach <b>Dinner</b> SF Broiled Chicken White rice, sliced carrots Chocolate Tapioca	<b>Lunch</b> SF Roast Beef Sandwich Broccoli spears <b>Dinner</b> SF Fried Chicken White rice, cut corn Choc Peanut Butter Brownies	<b>Lunch</b> SF Sauteed Fish Brown rice, sliced carrots <b>Dinner</b> SF Turkey Tetrazzini Mixed vegetables Cherry Crisp	<b>Lunch</b> SF Chicken Piccata Brown rice, cut corn <b>Dinner</b> SF Chicken Ala King White rice, broccoli Oreo Cookie Cheesecake
<b>April 9</b>	<b>April 10</b>	<b>April 11</b>	<b>April 12</b>	<b>April 13</b>
<b>Lunch</b> SF Grilled Chicken Brown rice, peas & carrots <b>Dinner</b> SF Hungarian Goulash, egg noodles, crinkle-cut carrots Lemon Bar	<b>Lunch</b> SF Sauteed Fish White rice, mixed vegetables <b>Dinner</b> SF Chicken Curry White rice, garden peas Red Velvet Cake	<b>Lunch</b> SF Ginger Chicken White rice, crinkle cut carrots <b>Dinner</b> SF Pork Nishime White rice, green beans Lemon Meringue Pie	<b>Lunch</b> SF Chili White rice, corn <b>Dinner</b> SF Sauteed Chicken White rice, spinach Custard Pie	<b>Lunch</b> SF Grilled Chicken Brown rice, garden peas <b>Dinner</b> SF Sauteed Fish Rice, mixed vegetables Dreamsicle Cake
<b>April 16</b>	<b>April 17</b>	<b>April 18</b>	<b>April 19</b>	<b>April 20</b>
<b>Lunch</b> SF Meatloaf and SF gravy Mashed potatoes, cut corn <b>Dinner</b> SF Sauteed Chicken Breast Brown rice, Italian Blend Key Lime Square	<b>Lunch</b> SF Grilled Chicken White rice, crinkle-cut carrots <b>Dinner</b> SF Hamburger Patty White rice, garden peas Strawberry Romanoff	<b>Lunch</b> SF Sloppy Joes French green beans <b>Dinner</b> SF Ribs White rice, corn Tiramisu Cake	<b>Lunch</b> SF Broiled Chicken White rice, Key West Blend <b>Dinner</b> SF Hamburger Patty Brown rice, lima beans Butter mochi	<b>Lunch</b> SF Sauteed Fish Brown rice, peas & carrots <b>Dinner</b> SF Baked Chicken White rice, mixed vegetables Mocha Cheesecake
<b>April 23</b>	<b>April 24</b>	<b>April 25</b>	<b>April 26</b>	<b>April 27</b>
<b>Lunch</b> SF Hamburger Patty White rice, broccoli spears <b>Dinner</b> SF Braised Beef White rice, cut corn Chocolate Haupia Pie	<b>Lunch</b> SF Chicken Long Rice White rice, cut green beans <b>Dinner</b> SF Oxtail Stew White rice, mixed vegetables Apple Crisp	<b>Lunch</b> SF Hamburger Patty Brown rice, cut corn <b>Dinner</b> SF Beef Stroganoff Egg noodles, garden peas Coconut Cake	<b>Lunch</b> SF Hot Turkey Sandwich Sicilian Blend <b>Dinner</b> SF Pork Tofu White rice, chopped spinach Macadamia Nut Brownie	<b>Lunch</b> SF Broiled Chicken White rice, peas and carrots <b>Dinner</b> SF Beef Burgundy White rice, cauliflower Cherry Torte Bar

<b>Monday</b>	
<b>April 30</b>	
<b>Lunch</b> SF Grilled Chicken White rice, sliced carrots	
<b>Dinner</b> SF Beef Stew White rice, Country Trio Pina Colada Cake	

